

**Foothill College**  
**Program Application**  
**Associate in Science in Nutrition and Dietetics for Transfer Degree**

**Item 1. Statement of Program Goals and Objectives**

The Associate in Science in Nutrition and Dietetics for Transfer Degree meets the requirements set forth by Education Code section 66746 to prepare students to transfer to the California State University (CSU). Students who complete the Associate in Science in Nutrition and Dietetics for Transfer Degree will be ensured preferential and seamless transfer status to CSUs for Nutrition and Dietetics majors and majors in related disciplines. This program prepares students with foundational knowledge in the science of human nutrition as well as with the skills and knowledge to be successful in upper division coursework at CSUs. Students are advised, however, to meet with a counselor to assess the course requirements for specific CSUs.

Upon completion of the AD-T in Nutrition and Dietetics at Foothill, students will be able to:

- Utilize knowledge from the physical and biological sciences as a basis for understanding the role of food and nutrients in health and disease processes.
- Use their knowledge from the physical and biological sciences to critically evaluate nutrition information.
- Discuss how nutrition intersects with race and ethnicity, and socioeconomic factors to impact human health.
- Consider the impacts of dietary choices on the environment.

**Item 2. Catalog Description**

Students who complete the Associate in Science in Nutrition and Dietetics for Transfer Degree will be ensured preferential and seamless transfer status to CSUs for Nutrition and Dietetics majors and majors in related disciplines. This program prepares students with strong foundational knowledge in the science of human nutrition as well as with the skills and knowledge to be successful in upper division coursework at CSUs. Students are advised, however, to meet with a counselor to assess the course requirements for specific CSUs. Students may also review ASSIST to determine whether their desired university destination requires additional coursework (e.g. organic chemistry).

In addition, the student must complete the following:

- (1) Completion of 90 quarter units that are eligible for transfer to the California State University, including both of the following:
  - (a) The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education – Breadth Requirements.
  - (b) A minimum of 27 quarter units in a major or area of emphasis, as determined by the community college district.
- (2) Obtainment of a minimum grade point average of 2.0.

ADTs also require that students must earn a "C" or better in all courses required for the major or area of emphasis.

Helpful to include any of the following?  
<http://www.nutritioned.org/registered-dietitian.html>

### *Registered Dietitian Salary - Average Income*

As of May 2012, the Bureau of Labor Statistics (BLS) of the U.S. Department of Labor states that the mean annual salary for Registered Dietitians nationally was \$56,170. At that time, approximately 58,240 persons were employed as dietitians and/or nutritionists across the country. The highest paying state in which dietitians and nutritionists worked at that time was Maryland, where RDs earned an annual mean salary of \$82,650. The top paying industry in which dietitians and nutritionists worked was the animal food manufacturing industry, where the annual mean salary of a RD was \$88,100.

### *Registered Dietitian Job Outlook and Demand*

Employment projections from the BLS indicate that the job outlook for Registered Dietitians nationwide is quite good. Between the years 2010 and 2020, employment opportunities for Registered Dietitians are expected to increase at a faster than average rate of 20 to 28 percent. There are an estimated 35,400 job openings predicted for dietitians and nutritionists during that decade.